Urination Pain - Symptom (Male)

Definition

- Pain, burning or stinging when passing urine
- Suspect pain if a young child starts to cry while passing urine
- The feeling of "can't wait" to pass urine may occur. This is called urgency.
- Passing small amounts of urine at a time may also occur. This is called frequency.

Health Information

Causes

- **Meatitis.** The pain can be caused by redness at the penis opening. The irritation can be from long bubble baths. The urine sample will be normal.
- Bladder or kidney infections (urinary tract infections) are possible at any age.
- **STD.** In teenagers, pain when passing urine can be from diseases spread during sex. A pus-colored discharge may come out of the penis. (called drip)

Diagnosis

• A urine sample needs to be checked to make the correct diagnosis.

Care Advice

1. Overview:

- Pain with passing urine is never normal.
- All children with painful urination need a urine checked.
- Until a urine test is done, here is some care advice that should help.

2. Give More Fluids:

- Give extra fluids to drink.
- Reason: Dilutes the urine so that it does not sting.

3. Pain Medicine:

- For pain when passing urine, give a pain medicine.
- Give acetaminophen (such as Tylenol) or ibuprofen.
- Use as needed.

4. Avoid Soap:

- Avoid bubble baths.
- Avoid getting soap on the opening at the head of the penis.

5. What to Expect:

• If soap is the cause, the pain should go away within 24 hours.

6. Return to School:

- Even if your child has a bladder infection, it cannot be spread to others.
- Your child does not need to miss any school or child care.

Call Your Doctor If

- Pain when passing urine becomes severe
- Fever occurs
- You think your child needs to be seen
- Your child becomes worse

Pediatric Care Advice

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